

Laurel Behavior Support Services

Connect with PEERS®

INTRODUCTION TO PEERS®

PEERS® is an evidence-based social skills intervention for motivated teens in middle school or high school who are interested in learning ways to help them make and keep friends.

For information visit: <http://www.semel.ucla.edu/peers>

TOPICS OF INSTRUCTION – The How To's

- use appropriate conversational skills
- find common interests by trading information
- appropriately use humour
- enter/exit conversations between peers
- be a good host during get -togethers
- change a bad reputation
- make phone calls to friends
- handle rejection, teasing, and bullying
- handle arguments and disagreements
- choose appropriate friends
- be a good sport
- handle rumors and gossip

ELIGIBILITY CONSIDERATIONS

To help you decide whether this camp will be a good fit for your son or daughter, please review the following criteria as outlined by PEER®. Is your teen...

Motivated to make and keep friends

The curriculum is written on the basis that your teen wants to make and keep friends. If they prefer to be alone, or feel they have enough friends, they are not likely going to enjoy this style of camp.

Able and willing to participate in a group setting

It is normal for teens to be shy on the first day. However, we practise each skill using games, role play and modelling. Your teen will need to be able to focus and follow the group independently throughout each session (1.5 hours). If your teen engages in argumentative/non-compliance, violent/aggressive behaviour towards others or themselves, property destruction, stealing, please consider contacting our Service Coordinator to learn more about our behaviour consultation services.

Verbal (does not have severe speech or articulation issues)

We talk a lot! Your teens should be comfortable talking with their peers and practising the exercises with one another.

Independent in accessing the washroom and/or have a physical or medical condition that will prevent participation in activities.

We will have two facilitators per camp teaching and coaching throughout the session. For this reason, we cannot provide 1:1 support.

REGISTRATION

Once you have submitted your registration, you will be contacted by our service coordinator for your teen to complete a short pre-screen phone interview.