

Do you know what to do  
when there is an emergency at  
home or work?

# FIRST AID & CPR/AED TRAINING

This course will offer:

- Pre-assessment to determine course suitability
- A learner-centred approach
- Accommodations (based on needs of participant)
- Extended, in-person teaching and classroom time
- Small instructor to participant ratio

*Training delivered by qualified First Aid & CPR/AED Instructors-Canadian Red Cross.*

*Our Instructors bring a wealth of experience supporting individuals with diverse abilities to build new skills. Instructors will aim to provide First Aid courses that engage participants through hands-on skill development, role play scenarios, media aids, as well as both group and individual work.*

## Classes

Classes typically run over 2 days, 5.5 hours per day.

Cost: \$175 posAbilities on-site location  
\$225 @ community locations includes Learning Manual & Pocket mask |

email: [employment@posAbilities.ca](mailto:employment@posAbilities.ca)

*Upon completing the course and meeting both the skills and knowledge requirements, successful participants will be awarded with an Emergency First Aid & CPR/AED-Level C or Standard First Aid & CPR/AED-Level C certificate.*

TO REGISTER, Please email - [Employment@posabilities.ca](mailto:Employment@posabilities.ca)