posAbilities Employment Service

First Aid CPR/AED Training for Neurodiverse Youth 16+ and Adults

Do you know what to do when there is an emergency at home or work?

This course will offer:

- Pre-assessment to determine course suitability
- A learner-centered approach
- Accommodations (based on the needs of the participant)
- Extended, in-person teaching and classroom time
- Small instructor-to-participant ratio

Upon meeting the required standards, participants will earn Basic First Aid & CPR/AED Level “C” certification.



Training is delivered by posAbilities Employment Service. Employment Specialist Liane Lowden holds a diploma in Child and Youth Care and is certified by the Canadian Red Cross as a First Aid Instructor. She brings over 25 years of experience supporting individuals with diverse abilities to build new skills. Liane aims to deliver a First Aid course that engages learners through hands-on skill development, role-play scenarios, media aids, and both group and individual work.

Course Fees (pocket mask included):
$175 for posAbilities on-site location
$225 for community locations

Want to learn more about our service? Visit pesworks.ca or scan the QR code above!

For more information, email employment@posabilities.ca